

Clinic / Physician Name	Contact Information	Business Hours
<b>Singleton M.D., Wright W</b> Primary: Occupational Medicine Secondary: General Practice	121 NE Loop 820, Suite 100 Hurst, TX 76053 Phone: 817-589-0025	8 a.m. - 5 p.m. Monday - Friday

## Occupational Health Solutions Clinics

<http://www.teamohs.com/index.html>

Clinic / Physician Name	Contact Information	Business Hours
<b>South Fort Worth Clinic</b> Raymond C. Brown, Jr. MD	4775 South Fwy Fort Worth, TX 76115 Phone: 817-921-2500	9 a.m. - 5 p.m. Monday - Friday

## TEXAS HEALTH CENTERS

### LOCATIONS

Mark Garza, MD	6800 Manhattan Blvd, Suite 100 Fort Worth, TX 76120	9 a.m. - 6 p.m. Monday & Wednesday
Jeffrey Hawkins, MD	7148 Trail Lake, Drive Fort Worth, TX 76123	9 a.m. - 5 p.m. Tuesday & Thursday
Robert Menzies, MD	1307 8th Ave, Ste 201 Fort Worth, TX 76244	8 a.m. - Noon Friday Weekends Closed
Steven Simmons, MD	215 Old Hwy 1187 Burleson, TX 76028 Phone: 817-451-7979	



## Occupational Health Clinics

Clinic / Physician Name	Contact Information	Business Hours
<b>Fort Worth</b> Michael P. Seeley, MD Mary Sherwood, MSN, APRN, CFNP	<a href="https://www.texashealth.org/fortworth/pages/services/occupational-">https://www.texashealth.org/fortworth/pages/services/occupational-</a> 1651 W. Rosedale, Suite 105 Fort Worth, TX 76104 Phone: 1-817-250-4840 Fax: 817-878-5240	7 a.m. - 6 p.m. Monday - Friday
<b>Alliance</b> James Andrew Morgan, MD Ronda Bell, APRN	<a href="https://www.texashealth.org/alliance/pages/services/occupational-">https://www.texashealth.org/alliance/pages/services/occupational-</a> 2401 Westport Parkway, Suite 140 Fort Worth, TX 76177 Phone: 817-693-2500 Fax: 817-693-2510	8 a.m. - 5 p.m. Monday - Friday



Dallas  
Fort Worth

CARENOW DFW Clinic Locations URL: <http://dallasfortworth.carenow.com/locations/>

CARENOW Clinic / Physician	Clinic Contact Information	Business Hours
<b>Abrams</b>	<a href="ons/?directions=Abrams">ons/?directions=Abrams</a>	
Dr. Fernando Hernandez Dr. Paul Alberico	9323 LBJ Freeway Dallas, TX 75243 Phone: (214) 570-3003 Fax: (214) 570-1797	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Allen</b>	<a href="ons/?directions=Allen">ons/?directions=Allen</a>	
Dr. Shawn Riley Dr. Yaseen Ranginwala Dr. Rami Turner	1218 W McDermott Dr Allen, TX 75013 Phone: (972) 390-9000 Fax: (972) 396-5173	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
CARENOW Clinic / Physician	Clinic Contact Information	Business Hours
<b>Arlington</b>	<a href="ons/?directions=Arlington">ons/?directions=Arlington</a>	
Dr. Russell Brofer Dr. Kimlona Nguyen Dr. Debra Ryder	5405 S Cooper St Arlington, TX 76017 Phone: (817) 465-4928 Fax: (817) 472-0758	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Bedford-Euless</b>	<a href="ons/?directions=Bedford-Euless">ons/?directions=Bedford-Euless</a>	
Dr. Tony Keeble Dr. Mary Steffens	5301 William D Tate Ave, Suite 100 Grapevine, TX 76051 Phone: (817) 251-2101 Fax: (817) 421-5041	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Burleson</b>	<a href="ons/?directions=Burleson">ons/?directions=Burleson</a>	
Dr. Richard Fleischer Dr. Naomi Courtright	1501 SW Wilshire Blvd Burleson, TX 76028 Phone: (817) 295-9400 Fax: (817) 295-9408	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Carrollton</b>	<a href="ons/?directions=Carrollton">ons/?directions=Carrollton</a>	
Dr. Vincent Paul Dr. Orson Rodriguez	1017 W Hebron Pkwy Carrollton, TX 75010 Phone: (972) 939-9495 Fax: (972) 939-0230	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Cedar Hill</b>	<a href="on/cedar-hill/">on/cedar-hill/</a>	
Dr. Stephen buse Dr. Nathan Nguyen	345 N Hwy 67 Cedar Hill, TX 75104 Phone: (972) 956-5300 Fax: (972) 956-5393	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM

<b>Denton</b>		
	<a href="#">ons/?directions=Denton</a>	
Dr. Christian Kusi-Mensah	3751 South I-35E	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Shawn Riley	Denton, TX 76210	<b>Saturday:</b> 8:00AM - 8:00PM
Dr. Cynthia Ballesteros	Phone: (940) 383-2700	<b>Sunday:</b> 8:00AM - 5:00PM
	Fax: (940) 383-7640	
<b>Eastchase</b>		
	<a href="#">ons/?directions=Eastchase</a>	
Dr. Ellen Dahl	1661 Eastchase Pkwy	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Suzanne Tolbert	Fort Worth, TX 76120	<b>Saturday:</b> 8:00AM - 8:00PM
	Phone: (817) 459-2005	<b>Sunday:</b> 8:00AM - 5:00PM
	Fax: (817) 459-3797	
<b>Fort Worth</b>		
	<a href="#">ons/?directions=Fort-Worth</a>	
Dr. Craig Smith	7400 McCart Ave	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Betty Mountz	Fort Worth, TX 76133	<b>Saturday:</b> 8:00AM - 8:00PM
	Phone: (817) 294-1651	<b>Sunday:</b> 8:00AM - 5:00PM
	Fax: (817) 294-1048	
CARENOW Clinic / Physician	Clinic Contact Information	Business Hours
<b>Fossil Creek</b>		
	<a href="#">ons/?directions=Fossil-Creek</a>	
Dr. Mark Shafik	7232 N Frwy	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Sandra Imes	Fort Worth, TX 76137	<b>Saturday:</b> 8:00AM - 8:00PM
	Phone: (817) 232-2100	<b>Sunday:</b> 8:00AM - 5:00PM
	Fax: (817) 232-0020	
<b>Frisco Preston Rd</b>		
	<a href="#">ons/?directions=Frisco-Preston-Rd</a>	
Dr. Stephen Buse	5644 Preston Rd	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Albert Lum	Frisco, TX 75034	<b>Saturday:</b> 8:00AM - 8:00PM
Dr. Trung Nguyen	Phone: (972) 529-4545	<b>Sunday:</b> 8:00AM - 5:00PM
	Fax: (214) 872-4323	
<b>Frisco West</b>		
	<a href="#">ons/?directions=Frisco-West</a>	
Dr. Randall Hays	301 W Main St	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Wes Hester	Frisco, TX 75034	<b>Saturday:</b> 8:00AM - 8:00PM
	Phone: (972) 335-0030	<b>Sunday:</b> 8:00AM - 5:00PM
	Fax: (972) 335-3660	
<b>Garland - North</b>		
	<a href="#">ons/?directions=Garland-North</a>	
Dr. Ramiro Rodriguez	7145 N George Bush Frwy	<b>Weekdays:</b> 8:00AM - 10:00PM
	Garland, TX 75044	<b>Saturday:</b> 8:00AM - 8:00PM
	Phone: (972) 530-1900	<b>Sunday:</b> 8:00AM - 5:00PM
	Fax: (972) 530-7400	
<b>Garland - South (Mesquite)</b>		
	<a href="#">ons/?directions=Garland%20-</a>	
Dr. Edward Carew	565 W I-30	<b>Weekdays:</b> 8:00AM - 10:00PM
	Garland, TX 75043	<b>Saturday:</b> 8:00AM - 8:00PM
	Phone: (972) 303-3030	<b>Sunday:</b> 8:00AM - 5:00PM
	Fax: (972) 240-1223	

<b>Grand Prairie</b>	<a href="#">on/grand-prairie/</a>	
Dr. Craig Smith	2520 W I-20	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Avneet Gill	Grand Prairie, TX 75052	<b>Saturday:</b> 8:00AM - 8:00PM
Dr. Cynthia McKinney	Phone: (972) 264-5858 Fax: (972) 264-8800	<b>Sunday:</b> 8:00AM - 5:00PM
<b>Grapevine Mills</b>	<a href="#">on/grapevine-mills/</a>	
Dr. Jason Albers	2355 Grapevine Mills, Cir E	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Karna Gocke	Grapevine, TX 76051 Phone: (972) 539-6330 Fax: (972) 539-3077	<b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Horne</b>	<a href="#">ons/?directions=Horne</a>	
Dr. Craig Smith	2700 Horne St, Suite 100	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Nida Sajan	Fort Worth, TX 76107	<b>Saturday:</b> 8:00AM - 8:00PM
Dr. Kouame Ndri	Phone: (817) 570-7995 Fax: (817) 570-7985	<b>Sunday:</b> 8:00AM - 5:00PM
<b>CARENOW Clinic / Physician</b>	<b>Clinic Contact Information</b>	<b>Business Hours</b>
<b>Hurst</b>	<a href="#">ons/?directions=Hurst</a>	
Dr. Chris Schlottmann	779 Grapevine Hwy Hurst, TX 76054 Phone: (817) 428-7300 Fax: (817) 428-1085	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>I-20 and Wheatland</b>	<a href="#">on/1-20-and-wheatland/</a>	
Dr. Thomas Chiu	39769 I-20	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Joseph King, III	Dallas, TX 75237 Phone: (972) 780-0802 Fax: (972) 780-7134	<b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Keller</b>	<a href="#">ons/?directions=Keller</a>	
Dr. Tom Tennant	720 S Main St	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Nadia Alawi-Kakomanolis	Keller, TX 76248	<b>Saturday:</b> 8:00AM - 8:00PM
Dr. Christiana Jones	Phone: (817) 431-2800 Fax: (817) 431-0371	<b>Sunday:</b> 8:00AM - 5:00PM
<b>Lake Worth</b>	<a href="#">ons/?directions=Lake-Worth</a>	
Dr. Erica Sails	3520 NW Centre Dr	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. Matthew Blackburn	Fort Worth, TX 76135 Phone: (817) 375-2100 Fax: (817) 237-0022	<b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Lewisville</b>	<a href="#">ons/?directions=Lewisville</a>	
Dr. Holly McCoy	1559 W Main St	<b>Weekdays:</b> 8:00AM - 10:00PM
Dr. James Herzog	Lewisville, TX 75067 Phone: (972) 436-0333 Fax: (972) 436-7373	<b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM

<b>Mansfield</b>	<a href="#">ons/?directions=Mansfield</a>	
Dr. Gene Joe Dr. Donna Shannon	1501 Hwy 287 N Mansfield, TX 76063 Phone: (817) 453-8080 Fax: (817) 453-8040	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>McKinney</b>	<a href="#">ons/?directions=McKinney</a>	
Dr. Ken Williamson Dr. Erica Berger	809 N Central Expressway McKinney, TX 75070 Phone: (972) 529-4500 Fax: (972) 529-4505	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Midway</b>	<a href="#">ons/?directions=Midway</a>	
Dr. Shawn Riley Dr. Rami Taha	12801 Midway Road, Suite #503 Dallas, TX 75244 Phone: (972) 243-3304	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
CARENOW Clinic / Physician	Clinic Contact Information	Business Hours
<b>North Dallas</b>	<a href="#">ons/?directions=North-Dallas</a>	
Dr. Wanwisa Trombley Dr. Maria Cuadros	14856 Preston Rd, Suite 100 Dallas, TX 75254 Phone: (972) 387-8900 Fax: (972) 661-9868	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM
<b>Plano</b>	<a href="#">ons/?directions=Plano</a>	
Dr. Tami Roberts Dr. Hina Zeman	3821 W Spring Creek Pkwy Plano, TX 75023 Phone: (972) 599-0077 Fax: (972) 599-0030	<b>Weekdays:</b> 8:00AM - 10:00PM <b>Saturday:</b> 8:00AM - 8:00PM <b>Sunday:</b> 8:00AM - 5:00PM



### Urgent Care Centers

#### North Texas Center Listing

**Dallas Clinic Locations URL:** <https://www.concentra.com/urgent-care-centers/texas/dallas/>

**Ft. Worth Clinic Locations URL:** <https://www.concentra.com/urgent-care-centers/texas/fort-worth/>

CONCENTRA Clinic / Physician	Clinic Contact Information	Business Hours
<b>Addison</b>		
Darien Kavasmaneck, M.D., CMD	15810 Midway Road Addison, TX 75001 Ph# 972-458-8111 FAX 972-458-7776	8 a.m. - 5 p.m. Monday - Friday
<b>Arlington South 4521</b>		
Olugbeminiyi Olubanjo, MD	511 E. I-20 Arlington, TX 76018 Ph# 817-261-5166 FAX 817-275-5432	8 a.m. - 6 p.m. Monday - Friday

<b>Burleson 4524</b>		
David Lowery, D.O.,CMD Renee Bourgeois, FNP-C	811 NE Alsbury Road, Ste. 800 Burleson, Texas 76028 Ph# 817-293-7311 FAX 817-551-1066	8 a.m. - 6 p.m. Monday - Friday
<b>Carrollton 4525</b>		
Jairaj Sayani, MD	1345 Valwood Parkway, #306 Carrollton, TX 75006 Ph# 972-484-6435 FAX 972-484-6785	8 a.m. - 5 p.m. Monday - Friday
<b>Forest Park 4531</b>		
Roy Kreusel, M.D. Naranath Chintala, MD, MPH	2500 West Freeway I-30, Ste. 100 Fort Worth, TX 76102 Ph# 817-882-8700 FAX 817-882-8707	8 a.m. - 8 p.m. Monday - Friday 8 a.m. - 5 p.m. Saturday
<b>CONCENTRA Clinic / Physician</b>	<b>Clinic Contact Information</b>	<b>Business Hours</b>
<b>Fossil Creek 4533</b>		
George Niemirowski, MD,CMD Kenneth Baldwin, MD Mark Morris, MD	4060 Sandshell Fort Worth, TX 76137 Ph# 817-306-9777 FAX 817-306-9780	8 a.m. - 5 p.m. Monday - Friday
<b>Frisco 5319</b>		
Kavitha Nalla, M.D. CMD Rizwana Khan, MD	8756 Teel Parkway, Ste. 350 Frisco, TX 75034 Ph# 972-712-5454 FAX 972-712-5442	8 a.m. - 5 p.m. Monday - Friday 9 a.m. - 4 p.m. Saturday
<b>Garland 4518</b>		
Deepa Rajakrishnan, M.D., CMD	1621 S. Jupiter, #101 Garland, TX 75042 Ph# 214-340-7555 FAX 214-340-3980	8 a.m. - 5 p.m. Monday - Friday
<b>N. Arlington (GP) 4517</b>		
Cynthia Goff, PA-C	2160 E. Lamar Avenue Grand Prairie, TX 76006 Ph# 972-988-0441 FAX 972-641-0054	8 a.m. - 8 p.m. Monday - Friday 9 a.m. - 4 p.m. Saturday & Sunday
<b>Greenville 4530</b>		
Jon Stien, PA-C	5601 Greenville Ave. Dallas, TX 75206 Ph# 214-821-6007 FAX 214-821-6149	8 a.m. - 8 p.m. Monday - Friday 9 a.m. - 4 p.m. Saturday
<b>Las Colinas 4519</b>		
Sam Rostami, D.O., CMD Fey Lott, D.O. Agatha Byars, FNP-C,CMD	5910 N. MacArthur Blvd. Irving, TX 75039 Ph# 972-554-8492 / 8494 FAX 972-438-4647	8 a.m. - 8 p.m. Monday - Friday 8 a.m. - 5 p.m. Saturday



CONCENTRA Clinic / Physician	Clinic Contact Information	Business Hours
<b>Lewisville 5371</b> Devki Jaiswal, MD, CMD Majdouleen Georges, MD	2403 S. Stemmons Fwy., Suite 103 Lewisville, TX 75067 Ph# 972-829-2999 FAX 972-459-7929	8 a.m. - 7 p.m. Monday - Friday 9 a.m. - 4 p.m. Saturday
<b>Mesquite 4526</b> Benjamin Burris, MD, CMD	4928 Samuell Boulevard Mesquite, TX 75149 Ph# 214-328- 1400 FAX 214-328-2884	8 a.m. - 5 p.m. Monday - Friday
<b>Plano 4528</b> Emory Warren, M.D., CMD Svetlana Khalina, MD	1300 N. Central Expy. Plano, TX 75074 Ph# 972-578-2212 FAX 972-881-7666	8 a.m. - 5 p.m. Monday - Friday 9 a.m. - 4 p.m. Saturday
<b>Redbird 4535</b> Warren Hatley, M.D., CMD Naimah Harris, PA-C Charles Ross, DO	5520 Westmoreland, #200 Dallas, TX 75237 Ph# 214-467- 8210 FAX 214-467-8192	8 a.m. - 5 p.m. Monday - Friday
<b>Stemmons 4520</b> Doreatha Powell, M.D., CMD Sukanya Ambavaram, MD Piotr Jakubowski, MD Michael Huang, MD	2920 N. Stemmons Fwy. Dallas, TX 75247 Ph# 214-630- 2331 FAX 214-905-1323	8 a.m. -8p.m. Monday - Friday 9am - 5 pm Saturday and Sunday



### Treatment Centers

#### North Texas Center Listing

Clinic / Physician Name	Contact Information	Business Hours
<b>Fort Worth North</b>	<a href="https://n-o-v-a.com">https://n-o-v-a.com</a> 3645 N. Beach St Fort Worth, TX 76137 Phone: 1-817-759-0004 Fax: 817-759-0003	8:30 a.m. - 6 p.m. Monday - Friday
<b>Central</b>	1106 Alston Ave., Suite 120 Fort Worth, TX 76104 Phone: 1-817-332-0660 Fax: 817-332-0770	8:30 a.m. - 6 p.m. Monday - Friday

<b>Plano</b>	<a href="https://n-o-v-a.com">https://n-o-v-a.com</a> 1111 Jupiter Rd, Suite 1008 Plano, TX 75074 Phone: 1-469-326-0999 Fax: 469-326-0990	8:30 a.m. - 6 p.m. Monday - Friday
<b>Denton</b>	<a href="https://n-o-v-a.com">https://n-o-v-a.com</a> 725 S. I-35 E, Suite 188 Denton, TX 76205 Phone: 1-940-222-3800 Fax: 940-222-3801	8:30 a.m. - 6 p.m. Monday - Friday
<b>Grand Prairie</b>	<a href="https://n-o-v-a.com">https://n-o-v-a.com</a> 2045 N. Hwy 360, Suit 1008 Grand Prairie, TX 75050 Phone: 1-972-623-1111 Fax: 972-623-1105	8:30 a.m. - 6 p.m. Monday - Friday
<b>Love Field (Dallas)</b>	<a href="https://n-o-v-a.com">https://n-o-v-a.com</a> 8267 Elmbrook Dr, Suite 100 Dallas, TX 75247 Phone: 1-214-350-9800 Fax: 214-350-9802	8:30 a.m. - 6 p.m. Monday - Friday
<b>Arlington</b>	<a href="https://n-o-v-a.com">https://n-o-v-a.com</a> 5900 I-20 W Arlington, TX 76107 Phone: 1-682-226-6001	8:30 a.m. - 6 p.m. Monday - Friday
<b>Mesquite</b>	<a href="https://n-o-v-a.com">https://n-o-v-a.com</a> 1900 Oates Dr, Suite 100 Mesquite, TX 75150 Phone: 1-972-698-7700 Fax: 972-698-7702	8:30 a.m. - 6 p.m. Monday - Friday
<b>Duncanville</b>	<a href="https://n-o-v-a.com">https://n-o-v-a.com</a> 814 E. Camp Wisdom Rd Duncanville, TX 75116 Phone: 1-214-217-0303 Fax: 214-217-0304	8:30 a.m. - 6 p.m. Monday - Friday